



Challenge Course Elements

Initiative Games

Stretching	Beach Ball Challenge
Name Game Toss	Handcuffs
Bob	Blind Fold Walk (pygmy language)
Magic Shoes	Willow in the Wind
Jump Rope	3 man trust falls
Chocolate River	Trust Falls (picnic tables)
Hula Hoop (side to side, head to toe)	General's Tank
Polar Bears and Ice Holes	The Gauntlet
Rat Tail Tag	Blind Mall Walk
Slap Hockey	Whirly Bird Tornadoes
Amoeba	Metamorphosis

Low Elements

TP shuffle
Skies
All Aboard
Mountain Tops
Port Hole
Low Wild Woosey
Mohawk Walk
Spider's Web
Swinging Log
12ft Team Wall
Triangle Tension Traverse

High Elements

Catwalk
Bridge
Grapevine
Inclined Log
Wild Woosey
Pamper Pole
Jacob's Ladder
Straight Climbing Wall
Inclined Climbing Wall
Rappelling Wall
Zip Line

Camp Akiva is a refuge offering hope to kids of abuse and neglect and provides Christ-centered hospitality to all age groups in a setting separate from the pressures of the world.